

Kia Ora, Nau Mai, Haere Mai

Welcome to Mercy Room Service

Mercy Hospital is pleased to offer room service to inpatients. We believe that choice and nutritious food play an important part in your recovery. All meals are made to order and delivered straight to your room. We use high quality, sustainable ingredients, locally sourced where possible, including vegetables and herbs from our own kitchen garden.

How do I order?

Please telephone 3663 from your bedside phone when you are ready to order, any time between 7.00am and 7.00pm. Our friendly Food Services Team will be happy to help with your choices.

What if I have an allergy or special diet?

This should have been noted at pre-admission or on admission. A special code will be added to your patient record, and our menu ordering system will ensure that you will only be able to order foods that are suitable for you. Our team will confirm this with you when you place your first order. Vegetarian and vegan dishes are available throughout the menu — check with our staff if you are unsure.

Visitor meals

Room service meals can be purchased by one visitor per patient between 2pm and 6.30pm. A set charge includes a main, dessert and drink. Visitors can view the visitor menu and purchase a meal docket from ground floor reception before ringing 3663 to order. Please note that visitor meals charges cannot be added to patient accounts.

Legend * denotes that a Gluten Free option of this item is available. Many other items on the menu are naturally Gluten Free.

Karakia mō to kai (To bless food)

E te Atua
Whakapainga ēnei kai
Hei oranga mō ō mātou tinana
Whāngaia hoki ō mātou wairua ki te taro o te ora
Ko Ihu Karaiti tō mātou Ariki
Ake, ake, ake
Amine

Continental Breakfast

7am - 11am

Cereal:

Granola (grain free) / Porridge / Weetbix / All Bran / Cornflakes* / Rice Bubbles

Milk:

Light Blue / Blue Top / Almond / Soy

Yoghurt:

Natural Unsweetened / Smooth Mixed Berry / Coconut

Fruit:

Fruit Salad / Banana / Orange / Apple / Stewed Peaches / Stewed Prunes

Toast & Bakery:

Wholemeal Toast / Multigrain Toast * / White Toast* / Croissant

Spreads:

Butter / Margarine / Vegemite / Marmite / Peanut Butter / Marmalade / Apricot Jam / Berry Jam / Honey

All Day Breakfast

7am - 7pm

Eggs Benedict* — Poached eggs on toasted English muffin or rosti* topped with hollandaise sauce

Add Bacon / Wilted Spinach

Eggs: Poached / Fried / Scrambled

Pancakes OR Allergy Friendly Petite Pancakes (egg and dairy free)

Add Condiments—see below

Extras:

Sautéed Mushrooms / Hash Brown Sticks / Baked Beans / Bacon

Condiments:

Maple Syrup / Sliced Banana / Lemon Wedges / Brown Sugar / Tomato Sauce

Toast & Bakery — See Continental section

Snacks

Piece of Fresh Fruit (in season)

Yoghurt

Cheese Rolls (two, choose from white or wholemeal bread)

Croissant

Snacks (gluten free):

Cheese and Crackers / Dried Fruit & Nuts / Salted Peanuts / Chocolate Chip Cookie / Bliss Balls / Proper Crisps Potato Chips

Kid's Snack Box:

Includes Ready Salted Chips, Cheese & Crackers, Mini Tropical Juice, Fresh Fruit (apple, orange or banana). **Add** an optional sandwich - choose your bread and fillings from the sandwiches page.

Cold Beverages

Juice:

Orange / Apple / Cranberry / Kiwi Crush

Soda:

Diet Lemon Lime & Bitters / Coke No Sugar / Diet Ginger Beer / Ginger Beer / Lemonade

Flavoured Milk & Smoothie:

Chocolate Milk / Banana Milk / Dairy-Free Berry Smoothie

Hot Beverages

Chocolate:

Hot Chocolate / Milo

Coffee:

Plunger / Instant Moccona / Decaffeinated Moccona

Tea:

Earl Grey / English Breakfast / Green / Chamomile / Peppermint / Spicy Berry / Manuka & Flower / Decaffeinated

Milk & Sweeteners:

Blue Top Milk / Light Blue Milk / Soy Milk / Almond Milk / Sugar / Equal

Soups

Served with your choice of toast, dinner roll or cheese rolls:

Creme of Chicken Soup / Pumpkin Soup / Vegetable & Lentil Soup /
Clear Chicken Broth / Clear Vegetable Broth

Sandwiches, Toasted Sandwiches and Wraps

Choose your bread or wrap, fillings and dressings

Breads and Wraps:

Wholemeal Bread / Multigrain Bread* / White Bread* / Ciabatta / Tortilla Wrap*

Dressings, Spreads & Chutneys:

Butter / Margarine / Mayonnaise / Sweet Chilli Sauce / French Dressing
Pomegranate Vinaigrette / Cranberry Sauce / Kamokamo Pickle /
Horopito & Feijoa Chutney / Piripiri Plum Chutney

Fillings:

Beetroot / Carrot / Cucumber / Lettuce / Red Onion / Tomato / Cheese / Egg /
Chicken / Ham / Falafel

Salads

Side or main size - *Add* chicken, ham, falafel or poached egg to any salad

Garden Salad - Crisp lettuce, tomato, cucumber, carrot, red onion

Dressing choices: pomegranate vinaigrette / mayonnaise /
French dressing

Caesar Salad*:

Lettuce, parmesan and bacon tossed in delicious Caesar dressing, garnished with croutons

Meals

11am - 7pm

Sides and sauces can be added to any of our meals. Most of our mains can be modified to be gluten free.

Grilled Fish of the Day - Served with lemon wedge
Choose your sides and sauces

Steak Sandwich* - Minute steak, lettuce, tomato, mayonnaise, basil pesto and caramelised onion jam on toasted sourdough ciabatta
Add a side of wedges

Pumpkin Lentil Pattie - Delicious high protein patty, served with seasonal salad and vegan aioli

Chicken Breast Sous Vide Mercy - Slow-cooked chicken breast served on potato gratin with sauteed seasonal vegetables, with bearnaise sauce

Macaroni Cheese - Tender pasta in a tasty cheese sauce

BBQ Chicken & Pepperoni Pizza - Savoury meats with BBQ sauce

Lamb Hash (or Mash) - Lamb rump on your choice of hash brown or mashed potato, served with seasonal vegetables and gravy

Braised Silver Fern Farms Beef Cheeks - Melt-in-your-mouth beef in a rich braising stock, served with mash and roasted seasonal vegetables

Pork Belly - Tender sous-vide pork belly served with mash and seasonal vegetables, with hoisin sauce

Sides & Sauces

11am - 7pm

Sides

Steamed Vegetables / Seasonal Roast Vegetables / Side Salad /
Steamed Rice (brown or white) / Mashed Potato / Polenta Chips / Hash Brown Sticks

Sauces

Gravy / Bearnaise Sauce / Hollandaise Sauce / Sweet Chilli Sauce / Tomato Sauce /
Barbeque Sauce / Sour Cream / Tartare Sauce / Cranberry Sauce

Desserts

7am - 7pm

Our desserts can be combined as you choose. You might like to add an order of Ice Cream or Custard to the Torte, Plum Slice or Crumble.

Chocolate Torte with Raspberry Coulis*

Black Doris Plum Slice*

Apple Crumble

Fresh Fruit Salad*

Berry Fusion Sorbet*

Hot Custard*

Sugar-Free Jelly*

Vanilla Bean Ice Cream*

Fluid Diets

7am - 7pm

Clear Fluids Diet

Soups:

Chicken Broth / Vegetable Broth

Desserts:

Sugar Free Jelly / Lemonade Ice Block

Beverages:

Apple Juice / Cranberry Juice / Ginger Beer / Diet Ginger Beer /
Diet Lemon Lime & Bitters / Lemonade / Herbal Tea / Black Tea / Black Coffee

Full Fluids Diet

Anything from Clear Fluids (above), plus:

Pumpkin Soup / Hot Custard / Vanilla Bean Ice Cream / Berry Fusion Sorbet /
Smooth Berry Yoghurt / Natural Yoghurt / Coconut Yoghurt